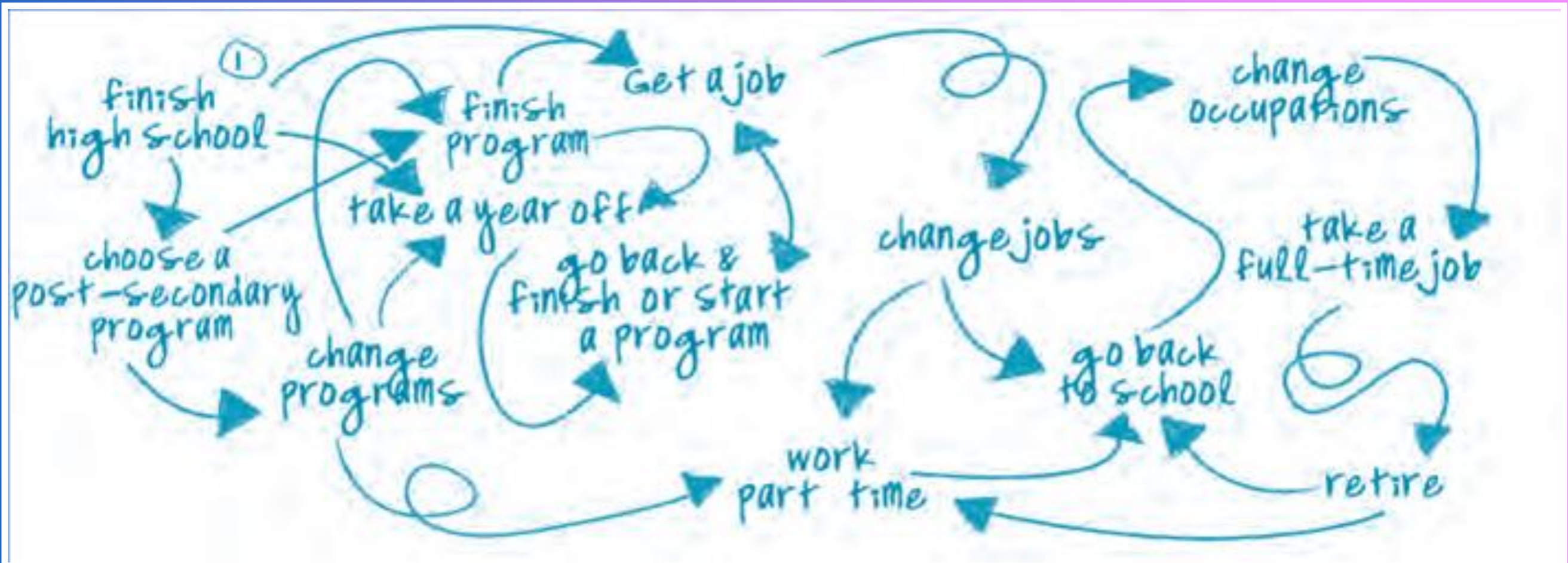
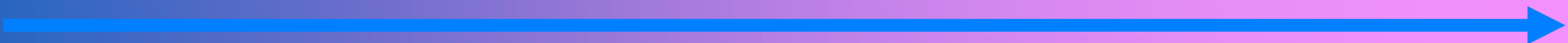


Graduate from high school

Graduate from college or university

Get a good job

Retire



Finding Their Place: Shifting Strategies and Influences

Employment opportunities

- Labour market
- Education credentials
- Family responsibilities

Tolerance for ambiguity

Navigating

Heading toward something

Exploring

Trying something out

Settle

Find a place that is okay for now

Commit

Find a place that fits

Financial and emotional support

Resistance skills

Drifting

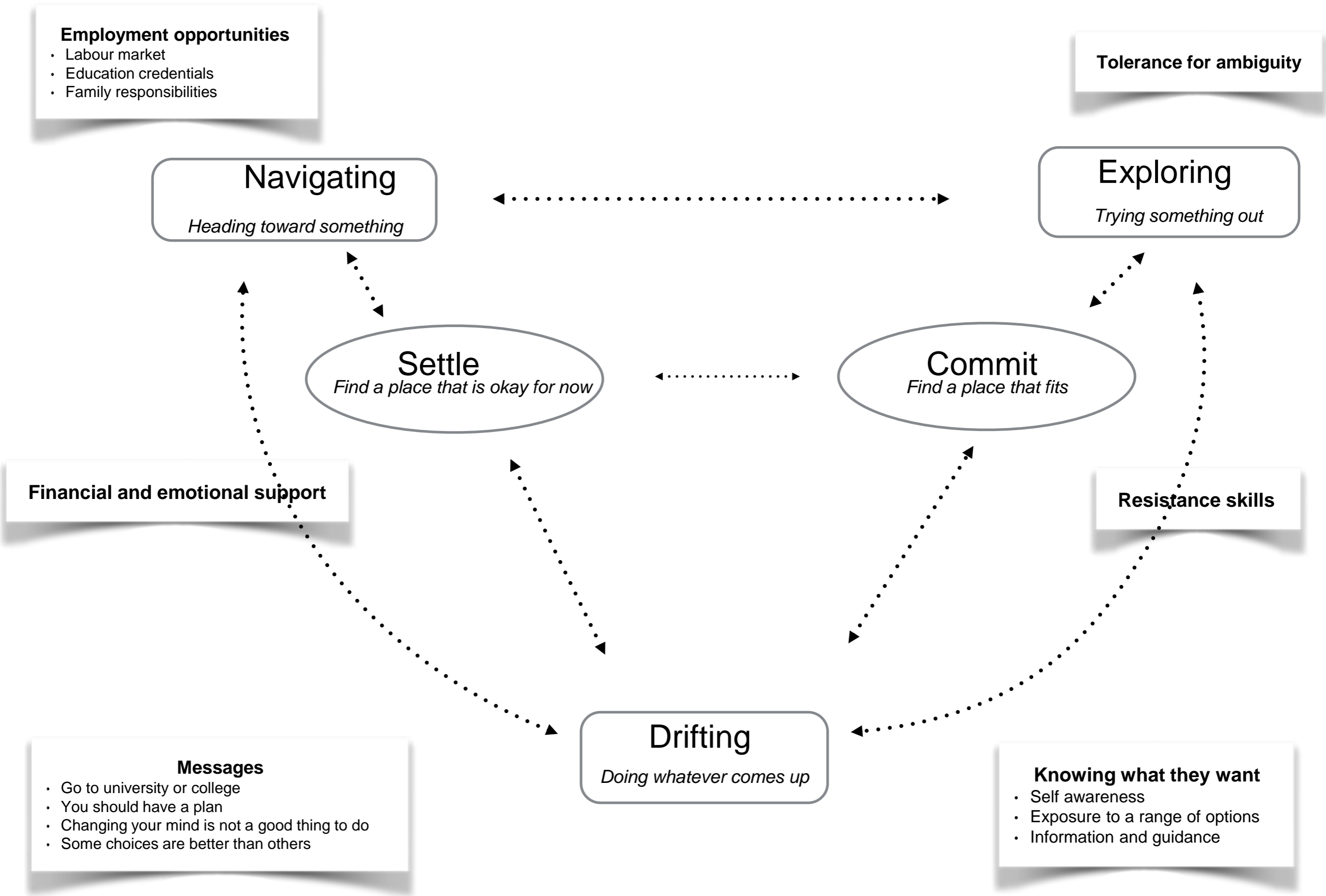
Doing whatever comes up

Messages

- Go to university or college
- You should have a plan
- Changing your mind is not a good thing to do
- Some choices are better than others

Knowing what they want

- Self awareness
- Exposure to a range of options
- Information and guidance



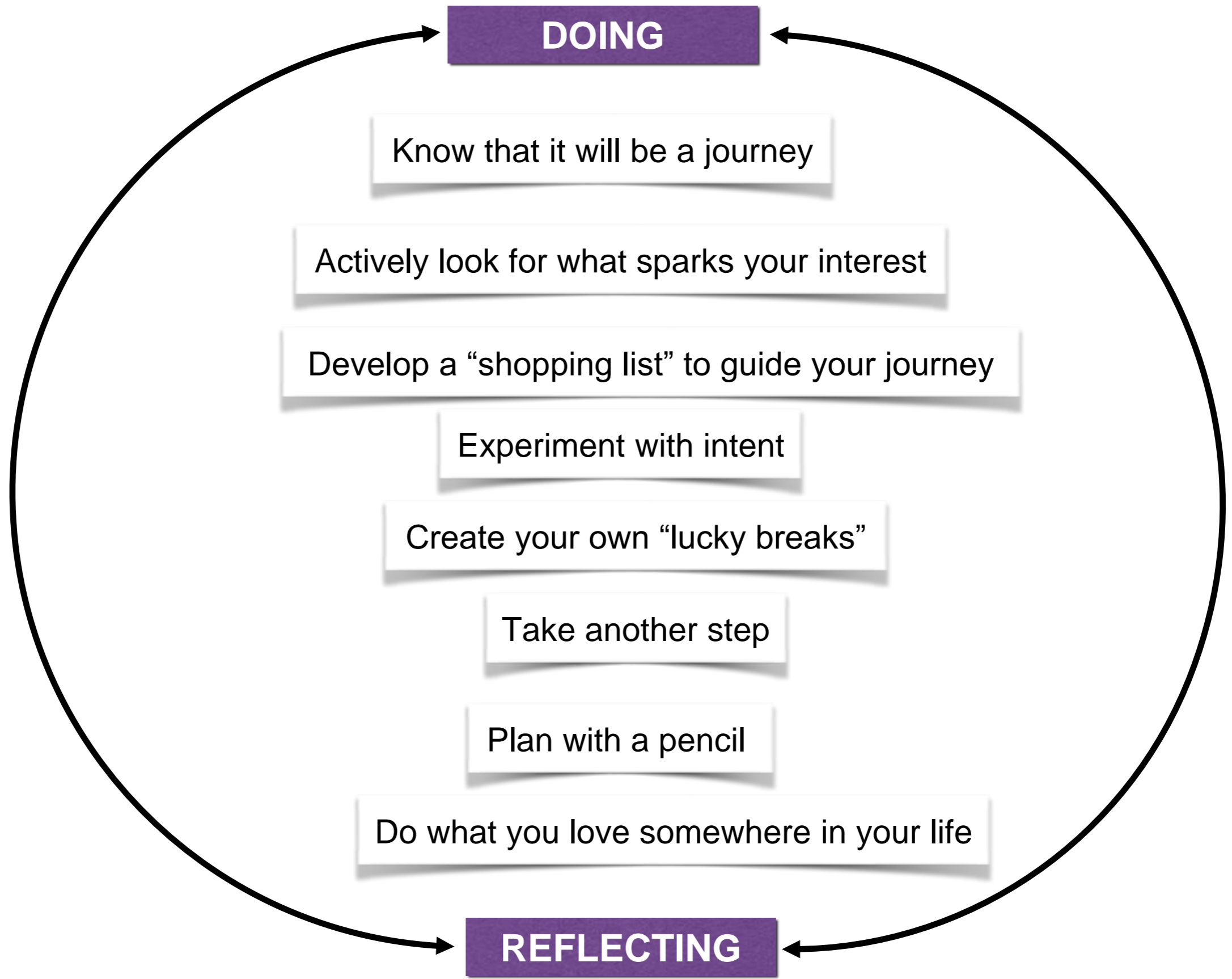
Their Career Journeys Are Unpredictable



O R D E R

C A S E

Career Crafting Techniques



What can parents, teachers, and career professionals do?

- Help to manage young people's anxiety by debunking the Career Myth and encouraging incremental planning.
- Encourage the utilization of an exploring strategy.
- Encourage Navigators to investigate their choices.
- Coach young people to identify and execute their next step.
- Provide information and training for parents.

What needs to happen at a systems level?

- Ensure that teachers receive the training needed to deliver high quality career education programs.
- Increase opportunities for community-based experiential learning.
- Fund career education programs for parents.
- Increase credit transfers and articulation agreements between post-secondary institutions.
- Coordinate the system in order to provide lifelong career guidance.