

# Core Competencies

**Thinking**

**Communication**

**Personal & Social**

**Creative Thinking**

**Critical Thinking**

**Social Responsibility**

**Personal Awareness & Responsibility**

**Positive Personal & Cultural Identity**



**collaborative**

**Secwépemc** **St'át'imc** **Nlaka'mux**  
knucwəntwəcw-Elkswečw ulłusłc Takm-m EEnsh

I learn and play with others  
I share my ideas  
I listen to others  
I learn from others  
I can contribute to a common goal  
I can solve problems with others



**compassionate**

**Secwépemc** **St'át'imc** **Nlaka'mux**  
knucwəntwəcw-kəmfus wečweyfes Zúmins qu un qu un shfAsh

I am kind to others  
I help others  
I care about how others feel  
I can see the world from another perspective  
I appreciate differences  
I defend the rights of others



**creative**

**Secwépemc** **St'át'imc** **Nlaka'mux**  
m kulənses rɪʔsfeɪfɛleʔ kulúh choowwAlhn

I am curious  
I show my learning in my own ways  
I use my imagination  
I have the courage to try something different



**Resourceful**

**Secwépemc** **St'át'imc** **Nlaka'mux**  
Texpenwelleu fe Xwənt Zewafətcal nyuh yəh Alh TSee

I use strategies to solve problems  
I find support when I need it  
I look for all the options  
I can find information that I need  
I know where and how to find what I need



**Determined**

**Secwépemc** **St'át'imc** **Nlaka'mux**  
cʔen wənses rɪʔ es kuləns re sfem gelic wuh TSeeɪhmsh a shchoowsh

I ask for help  
I am persistent  
I have goals  
I work towards my goals  
I accept challenges  
I know that mistakes can help me learn



**Reflective**

**Secwépemc** **St'át'imc** **Nlaka'mux**  
kəmfus re lukmɪn's léxləks lɪpəɪmsh a shfEEəosh

I think about what I am learning  
I can explain my thinking and make connections  
I think about how I can improve  
I take pride in my work  
I celebrate my successes



